#### **Nonlinear Self-Focusing of Flying Focus Pulses**



T. T. Simpson, D. H. Froula, and J. P. Palastro

University of Rochester Laboratory for Laser Energetics 61st Annual Meeting of the American Physical Society Division of Plasma Physics Fort Lauderdale, FL 21–25 October 2019

#### Self-focusing can reduce the effective duration of flying focus pulses

- A "flying focus," a chirped pulse focused through a chromatic lens, exhibits a high-intensity peak that can travel at an arbitrary velocity over distances much greater than the Rayleigh range
- The effective duration of the intensity peak is limited by the distance it takes adjacent frequencies to come in and out of focus
- By decreasing this distance, self-focusing acts to reduce the duration of the intensity peak
- A shorter duration intensity peak can improve several flying-focus based applications, including terahertz generation, photon acceleration, and wakefield acceleration



### Multiple laser applications require (1) a high intensity over an extended distance and (2) phase matching



1. For an ideal lens, the region of high intensity is limited to the Rayleigh range,  $L_R$ 



2. The peak intensity is restricted to travel at the group velocity,  $v_{g}$ , of the pulse

Conventional optics limit the efficacy of different laser-based applications.



### The flying focus overcomes both constraints by spatiotemporally structuring the laser pulse



By adjusting the chirp, the intensity peak can move at any velocity over a distance much greater than the Rayleigh range.

D. H. Froula et al., Nat. Photonics <u>12,</u> 262 (2018).

















Several applications that could benefit from a tunable focal velocity require an ultrashort-duration intensity peak.



### Self-focusing can modify the propagation of high-power flying focus laser pulses in nonlinear media





Smaller spot size, lessened diffraction

Minimal spot size, ceased propagation, shifted focus





### The self-focusing of flying focus pulses can be modeled with a "frequency by the slice" picture



P. Sprangle, J. R. Peñano, and B. Hafizi, Phys. Rev. E <u>66</u>, 046418 (2002).



### The self-focusing of flying focus pulses can be modeled with a "frequency by the slice" picture



Self-focusing decreases the Rayleigh range for each frequency, which shortens the effective duration of the flying focus intensity peak.



### To demonstrate pulse shortening, simulations were run for the parameters of the Multi-Terawatt laser at the Laboratory for Laser Energetics



1.054
9.0
16
<1.2
Value
7
7 51
7 51 Value
7 51 <mark>Value</mark> 1.4

$$\xi = \frac{c}{n_0}t - z$$

#### Pulse frame coordinate



### The simulations agree with the model: the on-axis intensity is spatially and temporally shortened





### The simulations agree with the model: the on-axis intensity is spatially and temporally shortened





- Increasing the laser power can substantially reduce the effective duration of the intensity peak
- Eventually another process will prevent the spot size from getting too small (e.g., ionization)

. . . . . . .



#### Self-focusing can reduce the effective duration of flying focus pulses

- A "flying focus," a chirped pulse focused through a chromatic lens, exhibits a high-intensity peak that can travel at an arbitrary velocity over distances much greater than the Rayleigh range
- The effective duration of the intensity peak is limited by the distance it takes adjacent frequencies to come in and out of focus
- By decreasing this distance, self-focusing acts to reduce the duration of the intensity peak
- A shorter duration intensity peak can improve several flying-focus based applications, including terahertz generation, photon acceleration, and wakefield acceleration



### Backup





## Self-focusing will modify the propagation of flying focus pulses differently, depending on the focal velocity



- For large chirps ( $v_f \approx c$ ), each frequency essentially propagates independently
- For small chirps ( $v_f \approx c$ ), each frequency component will interact with one another





$$\Delta t = \frac{\Delta z}{v_{\rm f}} \sim \frac{Z_{\rm R}}{v_{\rm f}}$$

The time required for adjacent frequencies to come in and out of focus is related to the Rayleigh range

For an f/7 lens and a focal velocity of -c,  $\Delta t \approx 2$  ps

TC15165

Several applications that could benefit from a tunable focal velocity require an ultrashort-duration intensity peak.



#### For a large negative chirp, the simulations agree with the model: the on-axis intensity is spatially and temporally sharpened



On-axis intensity,  $P \approx 0.7 P_{cr}$ 

On-axis intensity,  $P \ll P_{cr}$ 

Self-focusing could allow for sharper ionization fronts.

